



## BREAKFAST MENU

### **Morning Beverages**

Freshly squeezed Orange or Grapefruit juice  
Apple, Pineapple, Cranberry or Tomato juice  
Coffee or Tea  
Hot Chocolate  
Café Latte  
Cappuccino  
Milk

### **Farmers Omelette**

Egg whites only available upon request  
Whipped eggs folded with Havarti cheese, Sautéed onions, Sausage and Peppers, Hash browns and Choice of toast

### **Three Egg Omelette**

(Egg whites only available upon request)  
Cheese, Peppers, Mushrooms, Ham or Scallions Hash browns, Choice of toast

### **Copper Club Eggs Benedict**

Classic poached eggs with Canadian Back Bacon, Pacific salmon, Sautéed spinach, Hollandaise sauce and Hash browns

### **Two Eggs any Style**

3 All beef sausages or 3 rashers of bacon or slice of ham, Hash browns and Choice of toast

### **Heart Healthy Start**

Seasonal fruits, Low fat yogurt, Honey, Almond granola

### **Belgian Waffles**

Topped with seasonal berries, Whipped cream, Maple syrup

### **Medallions of Pancakes**

With homemade whipped butter, Maple syrup

### **Executive Green Apple, Cinnamon Toast**

French baguette dipped in cinnamon infused local farm fresh eggs, Fraser Valley green apple & BC forest wild berries relish

**Executive Express Breakfast**

Juice, Coffee or Tea, Two eggs any style, Hash browns, Toast, Choice of bacon, sausage or ham

**The Continental**

Choice of chilled juice,  
Croissant, Danish, Muffin and Fresh fruit Butter and Preserves  
Coffee or Tea

**Steak and Eggs**

Grilled 6oz New York steak, Two eggs, any style Breakfast potatoes and Toast

**English Muffin Breakfast Sandwich**

Sausage, Egg, Cheese, Potato hash, Fresh fruit

Hot Oatmeal

Dry Cereal

Muffin

Toast

Bagels

Banana Bread

Fruit salad

Fresh fruit with Banana bread or Cottage cheese

Add to your Breakfast

One egg any style

Two eggs any style

Hash browns

Four strips of bacon

Two all beef sausages